

ΜΑΘΗΜΑ: ΑΓΓΛΙΚΑ**ΔΕΙΓΜΑΤΙΚΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ**Διάρκεια εξέτασης: **τρεις (3) ώρες****PART I: WRITING SKILLS****(25 MARKS)****Write a composition of about 250 - 300 words:**

‘A healthy mind in a healthy body.’

Explain and expand on the above statement.

PART II: READING SKILLS**(40 MARKS)****Read the text below and do ALL the exercises that follow:****Europeans and Sport**

After watching television and surfing the Internet, sport is Europe's favourite activity and is highly **valued** for its team spirit and ethos of fair play. These are among the findings of two recent special surveys published in November and December 2003.

With sport widely viewed as beneficial to healthy development, it is not surprising that most of Europe favours greater cooperation between education systems and sports organisations in their own countries. Devoting more time to sport in schools is also an issue of concern.

Of the people questioned, 8 out of 10 thought of sport as a means of promoting cross-cultural dialogue, understanding, and even - according to just over half of those surveyed - as a means of **combating** discrimination.

Despite the largely positive attitudes, many people expressed concern over activities, such as drug-taking in sport, which undermine core sporting values. Similarly, the issue of money in sport was a worry for 6 out of 10 people interviewed.

What happens in practice, however, is often far removed from the theory. The surveys show wide **disparities** in patterns of physical activity across the European Union, with noticeable differences between age groups and between men and women.

Although nearly half of all Europeans take part in some kind of physical exercise at least once a week, those living in northern countries exercise most. People, in Finland, for example, are three times more likely to be involved in weekly exercise than those in Portugal or Greece. In this north-south divide, it may be significant that more northern Europeans felt strongly that their area offered adequate sporting facilities. However, it was also found out that Spaniards and Greeks were more likely to exercise in a fitness centre than Finns, Swedes or Austrians. This might suggest that southern Europeans prefer to **deliberately** place exercise in a social context. In order to understand the different exercise habits of the regions, however, it is necessary to explore the role of sport in formal education, in people's attitudes towards health and in the different cultural perceptions that shape patterns of behaviour.

About two thirds of the women questioned, as opposed to half of the men, said they had taken no vigorous exercise during the past week. Unsurprisingly, younger people (15 - 25 years) are roughly twice as likely to take weekly exercise than people over 45. Perhaps less predictably, for the age ranges 15 - 25 and 26 - 44 years, the proportion of those taking up to one hour of vigorous exercise per week is the same. It would thus appear that good exercise habits at a young age **continue** through into adult life.

A. Choose the best answer a, b, c or d in each case according to the text
(5 x 2 = 10 marks)

1. Europeans are very much interested in
 a. TV, the Internet and sports.
 b. music, dancing and skiing.
 c. films, cartoons and the Internet.
 d. TV, dancing and singing.
2. Europe is in favour of cooperation between education systems and sport organisations because sports healthy development.
 a. contribute to
 b. eliminate
 c. deter
 d. minimise
3. Sports encourage among people.
 a. equal treatment
 b. discrimination
 c. hostilities
 d. intolerance
4. Europeans take part in various sports according to their
 a. age and sex
 b. interests and needs
 c. experience and background
 d. abilities and capabilities
5. People in countries take more exercise.
 a. hotter b. warmer c. very hot d. colder

B. Answer the following questions on the passage (3 x 3 = 9 marks)

1. Why do Europeans value sports?
2. Write **two** problems related to sports according to the survey.
3. How does exercise at a young age help people into adult life?

C. Extended writing (15 marks)

(Use information from the text and your own views)

Do you believe that students should spend more time on sports at school?

Write about 80 - 100 words

D. Match the words in Column A (in bold in the text) with the words/phrases in Column B (more words/phrases than needed are given).

(6 x 1 = 6 marks)

Column A

1. valued
2. surprising
3. combating
4. disparities
5. deliberately
6. continue

Column B

- a. sufficient
- b. intentionally
- b. considered important
- c. fighting
- d. variably
- e. differences
- f. unexpected
- g. go on

PART III: LANGUAGE USAGE**(15 MARKS)**

A. Complete the second sentence so that it has a similar meaning to the first sentence. Use the word in bold and other words to complete each sentence. Do not change the words given. (5 x 1 = 5 marks)

1. I can't remember the story at all. **forgotten**
I what the story is about.
2. I prefer sightseeing to lying on the beach. **rather**
I'd than lie on the beach.
3. I couldn't see the book anywhere. **sign**
There was the book.
4. "Who borrowed my umbrella, Christen?" asked George. **had**
George his umbrella.
5. Costas has been chosen for the main role because he is the best singer. **as**
No one else Costas does, so he has been chosen for the main role.

B. Fill in the gaps in the following passage with only ONE word. (10 x 0,5 = 5 marks)

"Neighbours"

"Neighbours" is Australia's longest running soap opera and one of its most successful television exports. After 1..... than 2000 episodes, it still attracts worldwide audiences 2..... over 50 million viewers, many of them British. It 3..... the first programme in Britain to 4..... shown twice daily, five days a week by the BBC. The action revolves around 5..... lives of the people living and working 6..... Ramsay Street, Erinsborough, a fictitious suburb of Melbourne. It was initially based around three families, 7..... there was plenty of scope for other characters to come 8..... go, often as far away as the UK, 9..... the same characters would sometimes even appear in one of the British soaps. "Neighbours" remains one of the most popular domestic soap operas of 10..... times.

C. Fill in the gaps in the following text with the correct form of the words given in brackets. (10 x 0,5 = 5 marks)

"Coronation Street"

"Coronation Street", the longest running and most 1..... (**SUCCEED**) British soap opera, was first broadcast on Friday 9 December 1960. "The Street" as it is 2..... (**AFFECTION**) known, has been at the top of the UK 3..... (**RATE**) for over 30 years. Set in the homes, pubs and shops of a 4..... (**FICTION**) town in the North of England, the series began with a limited number of thirteen episodes but this was 5..... (**EXTENT**) as its cast of strong characters, its northern roots and sense of community 6..... (**IMMEDIATE**) created a loyal following. These factors, 7..... (**COMBINE**) with well written and often 8..... (**AMUSE**) scripts, have ensured its continuing success. Early episodes were recorded live without editing and required a very high standard of 9..... (**PERFORM**) from actors, something that has been 10..... (**MAINTAIN**) throughout the series' long history.

PART II: LISTENING SKILLS**(20 MARKS)**

A First Listening: (Listen to Sheila Thomson talking to a reporter about the sport she mostly enjoys.)

(a) Choose the correct answer a, b or c according to the text

(5 x 1 = 5 marks)

1. Sheila comes from
 a. England b. Canada c. Cyprus
2. Sheila's favourite sport is
 a. swimming b. skiing c. rafting
3. Sheila loves
 a. water and exercise b. water and practice c. water and skiing
4. Swimming keeps Sheila in good
 a. position b. state c. health
5. Sheila believes that swimming generally costs
 a. a little money b. a lot of money c. no money

(b) Are the following statements True or False. Write T for True and F for False.

(5 x 1 = 5 marks)

1. Swimming causes no problems.
2. You don't need much practice with swimming.
3. You need a good trainer if you are a professional.
4. Swimming can become tiring.
5. Swimming is enjoyable only for young people.

B Second Listening: Listen to Sheila Thomson talking to a reporter about the sport she mostly enjoys.) You may take notes while listening. If you have time, you may go back to **PART A** to check your answers.

(10 X 1 = 10 marks)

(a) Complete the passage below to summarise the text. Use only ONE word for each blank.

Sheila Thomson comes from Toronto, Canada and her favourite **1**..... is swimming because she loves a lot **2**..... around in the water. Generally, swimming is a very popular sport for many **3**.....: It is a good exercise, keeps you **4**..... and healthy and it is **5**..... since you can play lots of games with your family and friends. Moreover, it is cheap unless you are a professional and you need your personal **6**..... Then you need to **7**..... yourself and do your best. However, in the end you realise it is **8**..... it.

To sum up, although you need **9**..... work with swimming, it is still enjoyable for all the **10**....., for the young and for the old ones.

TAPESCRIPT: Swimming is great!

(You are going to listen to Sheila Thomson, from Toronto, Canada, talking to a reporter about the sport she mostly enjoys.)

SECTION ONE

Reporter: Sheila, which is your favourite sport?

Sheila: Do you know the saying "like a duck to water?"

Reporter: Yes... but what do you mean?

Sheila: Well... That's me! Swimming is definitely my favourite sport. I love splashing around in the water, and I believe I'm not the only one.

Reporter: Good... but can you be more specific?

Sheila: Swimming is a very popular sport for various reasons.

Reporter: That is...

Sheila: To start with, swimming is good exercise because it keeps you fit and healthy. It is good fun, too, as you can play lots of games in the water with your family or friends...

Reporter: Anything else?

Sheila: Another good thing about swimming is that it is generally cheap. All you need is water and a swimming costume!

Reporter: Everything seems to be so good. Is there anything against swimming?

SECTION TWO

Sheila: Well... something against swimming....

Reporter: I mean... perhaps... some difficulties you may come across...

Sheila: I know what you mean... Learning to swim can be hard work because you must practise a lot. You need to spend lots of hours in the water before you learn to swim well... You must also pay a good trainer but only if you want to become a champion, and this, of course, costs a lot of money.

Reporter: Only this?

Sheila: Also, swimming can sometimes be tiring. For example, since I am a professional swimmer I need to push myself to do my best. However, it is definitely worth it in the end.

Reporter: Any other problems?

Sheila: I can't think of anything else, but I have to say that although swimming can be hard work, I think it is a great way of exercising for everyone. It's an enjoyable sport for all the family, from children to grandparents....

Reporter: Thank you Sheila, all the best!