

London Chamber of Commerce and Industry www.lcci.org.uk

Text Production Level 1



Model Answers

Series 4 2005 (Code 1074)



Vision Statement

Our vision is to contribute to the achievements of learners around the world by providing integrated assessment and learning services, adapted to meet both local market and wider occupational needs and delivered to international standards.



© Education Development International plc 2005 Company Registration No: 3914767
All rights reserved. This publication in its entirety is the copyright of Education Development International plc.
Reproduction either in whole or in part is forbidden without written permission from Education Development International plc.

Text Production Level 1 Series 4 2005

(3)

Helpful Hints

How to use this booklet

Model Answers have been developed by Education Development International plc (EDI) to offer additional information and guidance to Centres, teachers and candidates as they prepare for LCCI International Qualifications. The contents of this booklet are divided into 3 elements:

(1) Questions – reproduced from the printed examination paper

(2) Model Answers – summary of the main points that the Chief Examiner expected to see in the answers to each question in the examination paper, plus a fully worked example or sample answer (where applicable)

where appropriate, additional guidance relating to individual

questions or to examination technique

Teachers and candidates should find this booklet an invaluable teaching tool and an aid to success.

EDI provides Model Answers to help candidates gain a general understanding of the standard required. The general standard of model answers is one that would achieve a Distinction grade. EDI accepts that candidates may offer other answers that could be equally valid.

© Education Development International plc 2005

All rights reserved; no part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without prior written permission of the Publisher. The book may not be lent, resold, hired out or otherwise disposed of by way of trade in any form of binding or cover, other than that in which it is published, without the prior consent of the Publisher.

Text Production Level 1 Series 4 2005

SCENARIO

You work for James Palmer, Manager of the Athena Fitness Centre, part of the Athena House Group.

Mr Palmer likes his letters to be completed:

JAMES PALMER FITNESS CENTRE MANAGER

REQUIREMENTS

Mr Palmer has passed to you one in-tray document, which relates to at least one of the 3 tasks to be undertaken. Follow his instructions and present the documents in a businesslike and consistent format, ready for signature where appropriate.

Mr Palmer has given you a note of the documents to be produced as shown below:

		Approximate number of words
Document 1	Letter to Miss Joanne Fletcher	232
Document 2	Memorandum to All Fitness Centre Staff	150
Document 3	Report	225

You will also need the following information to complete the documents:

Judi Kitchen, Personal Fitness Trainer

IMPORTANT INFORMATION FOR CANDIDATES

THE IN-TRAY DOCUMENT(S) MAY BE DETACHED FOR EASE OF REFERENCE.

IN-TRAY DOCUMENT

ATHENA FITNESS CENTRE

MEMBERSHIP APPLICATION FORM

Name	Miss Joann	ne Fletch	iel		
Address	Flat 3	The Old	School House	2	
	Churchill 1	ay way	Coventry	CV3 8YT	
Telephone	024 6970				
Occupation	on Personal Assistant				
MAIN INTER (Please tick)	ESTS				
Gymnasium		Stud	lio Classes		
Swimming		Teni	nis		
Water Aerobi	cs 🗆	Spin	Cycle		
INITIAL PERSONAL FITNESS APPRAISAL Arrange for Wed at					
Please indicate when you could attend the Centre for your Initial Person Fitness Appraisal					
A	ny Morning I	week co	mmencing 21	Nov '05 K	
	OU HEAR OF ATHE				
Newspaper			Website		
Member Recommendation			Poster		
Other					••••

(Prepare the following letter to Joanne Fletcher Head it MEMBERSHIP APPLICATION Copy Judi Kitchen P_F_T_
	Dear Miss F
IC	Thank you for yr completed application form for Membership of our fitness centre.
	I note that yr main interests are &
close	At the Athena Fitness Centre we pride our selves on providing all
	effectively. Our unique "Eiters of V"
stet	Jan all cillodesie & varied social
NP	the day you start to the day you finish [we recise programme from
uc	the day you start to the day you finish. [We've arranged for yr personal fitness appraisal to take place on date at
	with Personal Fitness Trainer, Judi Kitchen.
stet	The Studio Classes include over 50 classes per wk for all
Łß	[abilities 8 ages & Judi will help you to choose the appropriate swimming

ones. Similarly, there is a range of classes to suit all abilities. [You may like to add aerobics to yr fitness sessions. Exercising in NP the water is safer Lithan working out on land because water supports yr weight & doesn't strain yr Tknees or back no matter how hard you work. For this reason, it is great for att.

During yr initial Personal Fitness Appraisal Judi will draw up an appropriate programme with you & show you around the centre.

Mrs s____

10177700/1817

MODEL ANSWER TO DOCUMENT 1

Athena House Group

Athena House West Street London SW1Y 2AR

Tel: +44 (0) 20 8302 0261 Fax: +44 (0) 20 8302 4169 email: athena@intl.co.uk

JP/

14 November 2005

Miss Joanne Fletcher Flat 3 The Old School House Churchill Way Coventry CV3 8YT

Dear Miss Fletcher

MEMBERSHIP APPLICATION

Thank you for your completed application form for membership of our fitness centre. I note that your main interests are swimming and studio classes.

At the Athena Fitness Centre we pride ourselves on providing all the support and motivation needed to get results quickly and effectively. Our unique "Fitness for You" programme will provide you with an enjoyable and varied personalised exercise programme from the day you start to the day you finish.

We have arranged for your Personal Fitness Appraisal to take place on Wednesday 23 November at 1000 with Personal Fitness Trainer, Judi Kitchen.

The Studio Classes include over 50 classes per week for all ages and abilities and Judi will help you to choose the appropriate ones. Similarly, there is a range of swimming classes to suit all abilities.

You may like to add indoor water aerobics to your fitness session. Exercising in the water is safer than working out on land because water supports your weight and does not strain your back or knees no matter how hard you work.

During your Initial Personal Fitness Appraisal Judi will draw up an appropriate programme with you and show you around the centre.

Yours sincerely

JAMES PALMER FITNESS CENTRE MANAGER

Copy Judi Kitchen, Personal Fitness Trainer

Error Tolerance: 14

Prepare the following memo to All Fitness Centre Staff. Head it INSTALLATION OF OUTDOOR SWIMMING POOL

The results from the survey completed by members during August have now been collated & I'd like to discuss stet these at the Mtg of the fitness committee on Mon insert date at 1500. The mtg will be held in the Aerobics Studio. The main purpose of the mtg is to NP discuss the report from Martin Hubbard & David Edwards **LTS** on the proposed now outdoor swimming pool for the centre.

I'd also like to discuss the following & items

1 Personal Training Refresher Courses for Personal Trainers (attached for Personalised Programmes yr info.

2 Suggested new classes Astanga Yoga Swiss Ball Stride

> If you've any other suggestions for/ classes please bring them with you to the mtg.

MODEL ANSWER TO DOCUMENT 2

MEMORANDUM

To All Fitness Centre Staff

From James Palmer, Fitness Centre Manager

Ref JP/

Date 14 November 2005

INSTALLATION OF OUTDOOR SWIMMING POOL

The results from the survey completed by members during August have now been collated and I would like to discuss these at the meeting of the Fitness Committee on Monday 21 November at 1500. The meeting will be held in the Aerobics Studio.

The main purpose of the meeting is to discuss the report from David Edwards and Martin Hubbard on the proposed new outdoor swimming pool for the centre. A copy is attached for your information.

I would also like to discuss the following two items

1 Personal Training

Refresher Courses for Personal Trainers Personalised Programmes

2 Suggested New Classes

Astanga Yoga Swiss Ball Stride

If you have any other suggestions for new classes please bring them with you to the meeting.

Enc

DOCUMENT 3

Prepare the following in single line spacing. Do not include reference

DRAFT REPORT

ON

OUTDOOR

PROPOSED NEW/SWIMMING POOL

INTRODUCTION

Fitness Centre Manager,

At the request of James Palmer, David Edwards and Martin Hubbard have looked into the requirements for an outdoor swimming pool taking into account the comments made by members in a recent survey.

FINDINGS

KS

building

Several organisations were contacted and Martin Hubbard and David Edwards visited sports centres that had outdoor pools.

Depth All pools visited were 0.75 to 2 metres in depth. This allowed the more serious swimmers to swim in the deep end whilst catering for those who felt less confident in the water.

or wished to play with their children

different

Shape and Size There were several shapes available for out door pools ranging

from rectangular to circular, straight sides to complex curves.

Location The pool needs to be located where there was little possibility of litter and debris. There were two such locations in the grounds of the fitness centre that met this requirement.

(Continued) >

1074/4/05/MA

Water The source of the water to the pool must be approved by the Private Water Supplies Regulation 1991.

Facilities >

uc To conform to regulations, showers would need to be installed to enable swimmers to shower trs Tafter & before using the pool.

RECOMMENDATIONS

Because we've a large no. of serious swimmers, a deep rectangular pool is recommended, with a smaller pool for parents & children.

(shape to be decided)

The Fenton Pool Co will be sending a representative to the mtg to provide technical advice.

Prepared by D_E_&M_H_

MODEL ANSWER TO DOCUMENT 3

REPORT

ON

PROPOSED NEW OUTDOOR SWIMMING POOL

INTRODUCTION

At the request of James Palmer, Fitness Centre Manager, David Edwards and Martin Hubbard have looked into the requirements for an outdoor swimming pool taking into account the comments made by members in a recent survey.

FINDINGS

Several building organisations were contacted and David Edwards and Martin Hubbard visited five sports centres that had outdoor pools.

<u>Shape and Size</u> There were several different shapes available for outdoor pools ranging from rectangular to circular, straight sides to complex curves.

<u>Depth</u> All pools visited were 0.75 to 2 metres in depth. This allowed the more serious swimmers to swim comfortably in the deep end whilst catering for those who felt less confident in the water or wished to play with their children.

<u>Water</u> The source of the water supply to the pool must be approved by the Private Water Supplies Regulation 1991.

<u>Facilities</u> To conform to Regulations, showers would need to be installed to enable swimmers to shower before and after using the pool.

RECOMMENDATIONS

Because we have a large number of serious swimmers, a deep rectangular pool is recommended, with a smaller pool (shape to be decided) for parents and children.

The Fenton Pool Company will be sending a representative to the meeting to provide technical advice.

Prepared by David Edwards and Martin Hubbard Dated 14 November 2005